

# **MDOC & COVID-19: MEDICAL CARE, HYGIENE, AND CLEANING POLICIES**

## **Reporting Possible COVID-19 Symptoms**

(including cough, fever, shortness of breath, sore throat, fatigue, muscle or body aches, headache, loss of taste or smell, congestion, nausea, vomiting, or other symptoms)

- Tell the medical staff member who makes a daily COVID-19 announcement.
- Tell medical staff who comes on the unit to distribute meds.
- Submit a sick call slip to the box that nursing staff takes them from twice daily.
- Submit a sick call slip to any nurse or nursing staff on the zone.
- Tell any medical or other staff if you cannot get a sick call slip, which should be generally available at all times.

## **Medical Care for Possible COVID-19 Symptoms**

- You will not be charged for a medical visit for possible COVID-19 symptoms, testing or treatment.
- You will get a medical visit within 24-hours of submitting a call slip indicating COVID-19 symptoms.
- Residents who test positive for COVID-19 will be placed in medical isolation; those who have had close contact with people who have tested positive for COVID-19 will be placed in quarantine.

## **Cleaning and Cleaning Supplies**

- Cleaning supplies—including disinfectant effective against COVID-19 and cloths or brushes to apply it—will be provided twice daily for people in general population and once daily for those in segregation and isolation.
- Housing units and common areas will be cleaned and disinfected regularly.

## **Personal Hygiene and Protection**

- Wash your hands frequently. You will be provided with free and adequate soap (that will not irritate the skin) to do so.
- Dry your hands with paper towels provided in bathrooms and common areas; use provided touch-free trash cans. If you're in a cell, use a cloth towel.
- Hand sanitizer will be provided when you enter and leave common areas.
- You are encouraged to social distance and wear a facemask and will be allowed to do so.

## **Request Help and Report Non-Compliance with These Policies**

- Request more cleaning supplies or soap from medical personnel or other staff.
- All staff members will wear facemasks or other appropriate PPE.
- Report any non-compliance with these policies to medical personnel or to a staff member. You will not be punished for reporting.
- On every shift, a supervisor will conduct an inspection of whether cleaning has been done and cleaning and hygiene supplies have been provided.